



bella
amica

treatment menu june 2016

waxing & hair removal

Our waxing treatments are performed using the highest quality grade wax and strict hygiene standards.

full leg
half leg
bikini
g-string
brazilian

eyebrow wax
chin/lip

underarm
arm wax

popular waxing packages

full leg – bikini – underarm
full leg – Brazilian
half leg – bikini

men's waxing

chest
back
neck

electrolysis hair removal

Say goodbye to those stubborn hairs permanently.

15 minutes
up to 30 minutes

lash & brow services

At Bella Amica we take pride in delivering the best brow sculpturing possible. Being the most important facial feature it can make the world of difference. Specialising in corrective brow re-shaping.

brow wax
brow tint
lash tint
combination of all 3

semi permanent cosmetic tattoo

Using a hand tool, your brows are sculpted by an experienced technician to create realistic 'hair strokes' or full brows in a powder effect. Retouches or refreshing the faded colour are required every 18-24 months but can last up to three years.

full eyebrows – hair strokes – block
(2 appointments*)
lower or top eyeliner
lip liner
full lip colour

retouches
(usually done within a two year period)

spa pedicure – manicure – shellacs

Relax and unwind, polished to perfection.

fabulous feet
manicure
lovingly buffed and shaped
enhance your treatment with paraffin to hydrate very dry skin; suitable for both hands and feet
removal of Shellac
buffed and hardener

facial therapies

"Taking care of your skin" – pays off for a lifetime. A thorough skin analysis ensures you get the best possible results.

ultra sonic – skin rejuvenation treatments

A new wave of non-invasive anti-age treatments that does not interrupt your busy lifestyle. Deep cleansing and exfoliation, using ultra sonic vibration, infuses essential vitamins into the skin.

i-beauty – THALGO
60 minutes
Skin Fitness – Silhouette-Tone
60 minutes - Radio Frequency treatment (lift and rejuvenate). Ask our therapists about a six week treatment package.

skin needling – fusion

Latest technology. Needling delivers optimal results and overall rejuvenation of the skin. Customised serums are used to directly infuse into the skin at various depths. Results can be seen within 7-14 days. Skin needling is effective because the underlying action of this treatment is stimulating a 'natural' reaction in your skin to produce more of its own collagen, laying down a new foundation which helps improve the surface of the skin's appearance giving it a more natural, smooth and youthful glow. Can be used for fine or deep lines – acnes, scars, sun damage, pigmentation or total rejuvenation. Results can last over 2-3 years but 1 or 2 sessions are required per year for maintenance.

1 session
60 minutes
3 sessions

microdermabrasion

Painless and safe, this treatment is designed to get results. The abrasion of the skin has a scratchy feeling and a slight redness after your treatment, but within a few days skin becomes more refined, luminous and hydrated (healthier looking).

face & neck
60 minutes - Other modalities may be included. Please ask Therapists for more advice.

led – face the light

As you lie under radiant red or blue light, a sensation of relaxation helps to improve the appearance of sun damage, fine lines. Can be used with microdermabrasion or peels for more visible results or after cosmetic procedures for better healing.

face, neck, décolletage
45 minutes

customised treatments – medi-peels

Peels AHA - BHA - ENZYMES are all designed to remove dead skin cells and reveal a smooth, healthy glow, leaving the skin looking better than it has in years. Ask our Therapist for the right one for you!

thalgo facials

Available for a deeply relaxing treatment that leaves your skin feeling radiant, healthy and firmer. All facials will be customised for individual skin concern. Ask our therapists for the right one for you.

anti-ageing, revitalizing
& ultimate hydration

relaxing & hot rock massages

The ideal rejuvenation.

relaxing massage
Stress relief for those requiring instant relief from their hectic day. This treatment is a combination of Swedish, Relaxation and Deep Tissue massage techniques.
1 hour

hot rock massage
Melt away aches and pains with this highly therapeutic, deeply relaxing treatment, using heated basalt rocks to soothe aching muscles and body fatigue. Total relaxation for your mind, body and soul.
1 hour
1 hour 30 minutes

enhance your massage
This stimulating treatment begins with an all over exfoliation to soften and revitalise your skin. Choose from our customised sugar scrub or sea salt scrub.
30 minutes

cosmetic injectables

Designed to correct the effects of ageing. Soften lines and wrinkles with antiwrinkle injections and replacing volume and contour to the face with dermal fillers. Skin appears smoother and firmer. Ask one of our friendly team for more information.

gift vouchers

Gift Vouchers are the perfect gift for any occasion. Purchase in person or over the telephone; delivery can also be arranged.

time stands still as relaxation begins....

indulgence packages

A sensory experience that is good to you and leaves you feeling great. These fabulous treatments detoxify your body, de-stress your mind and revitalise your skin.

half day escape

This head to toe indulgence is pure delight. Commence with a Relaxation massage, using a special blend of oils to induce relaxation. Manicure, pedicure, lash and brow tint with brow wax followed by a customised Thalgo facial. Guaranteed to make you feel completely renewed, restored and revitalised.

3 hours 30 minutes

indulge

A luxurious facial combining a deep cleansing, rejuvenating technique, together with a wonderfully relaxing facial massage and bathing of the hands and feet with polish of your choice. Complete your treatment with a brow shape and tint.

2 hours 30 minutes

unwind

The perfect package when time is important. Relax and calm the body with a head, shoulder and back massage (30 minutes) followed by a classic Thalgo facial, lash tint and brow shape.

2 hours

express package

Enjoy a one hour Swedish massage to relieve tense, stressed muscles, followed by a customised facial created to your specific requirements which will leave you looking vibrant and relaxed.

2 hours